

<b>DAY 1 - Drive to Pickle Lake</b>	
<i>Road Travel Day - Thunder Bay to Pickle Lake, and shuttle</i>	
DISTANCE:	1km
PORTAGES:	0
AVERAGE PORTAGE LENGTH:	0
LONGEST PORTAGE:	0
TOTAL PORTAGE DISTANCE:	0
TRAVEL RATE (km/hr)	0
ESTIMATED TIME:	9 hrs

<b>DAY 2</b>	
<i>Camp 1 to South Channel</i>	
DISTANCE:	18 km
PORTAGES:	4
AVERAGE PORTAGE LENGTH:	150 m
LONGEST PORTAGE:	250 m
TOTAL PORTAGE DISTANCE:	600 m
TRAVEL RATE (km/hr)	2.5
ESTIMATED TIME:	7.5 hrs

<b>Day 3</b>	
<i>South Channel to Falls at 30km Marker</i>	
DISTANCE:	13 km
PORTAGES:	3
AVERAGE PORTAGE LENGTH:	415 m
LONGEST PORTAGE:	800 m
TOTAL PORTAGE DISTANCE:	1250 m
TRAVEL RATE (km/hr)	2
ESTIMATED TIME:	6.5 hrs

<b>Day 4</b>	
<i>Falls at 30km Marker to "Hole in the Wall" Falls</i>	
DISTANCE:	15 km
PORTAGES:	6
AVERAGE PORTAGE LENGTH:	270 m
LONGEST PORTAGE:	500 m
TOTAL PORTAGE DISTANCE:	1600 m
TRAVEL RATE (km/hr)	1.8
ESTIMATED TIME:	8 hrs

<b>TRAVELLING RATES</b>	
Paddling Rate	4 km/hr
Walking Rate	3 km/hr
Loading and Unloading Time / Portage	1/3 hr
Daily Lunch Breaks	1/2 hr

<b>Day 5</b>	
<i>"Hole in the Wall" Falls to Karl Lake</i>	
DISTANCE:	7 km
PORTAGES:	1
AVERAGE PORTAGE LENGTH:	100 m
LONGEST PORTAGE:	100 m
TOTAL PORTAGE DISTANCE:	100 m
TRAVEL RATE (km/hr)	2
ESTIMATED TIME:	3.5 hrs

<b>Day 6</b>	
<i>Karl Lake to 75km Marker</i>	
DISTANCE:	23 km
PORTAGES:	1
AVERAGE PORTAGE LENGTH:	300 m
LONGEST PORTAGE:	300 m
TOTAL PORTAGE DISTANCE:	300 m
TRAVEL RATE (km/hr)	3.25
ESTIMATED TIME:	7 hrs

<b>Day 7</b>	
<i>75km Marker to Assin Lake</i>	
DISTANCE:	18 km
PORTAGES:	1
AVERAGE PORTAGE LENGTH:	1000 m
LONGEST PORTAGE:	1000 m
TOTAL PORTAGE DISTANCE:	1000 m
TRAVEL RATE (km/hr)	2.5
ESTIMATED TIME:	6.5 hrs

<b>Day 8</b>	
<i>Fly-out, Drive from Pickle Lake to Thunder Bay</i>	
DISTANCE:	
PORTAGES:	
AVERAGE PORTAGE LENGTH:	
LONGEST PORTAGE:	
TOTAL PORTAGE DISTANCE:	
TRAVEL RATE (km/hr)	
ESTIMATED TIME:	8

<b>TOTALS</b>	
PADDLING DISTANCE:	95 km
PORTAGES AVAILABLE FOR USE:	16